



PRIORITIZED  
**LIFE**  
ASSESSMENT

Prepared For: **John Doe**  
**2-27-2019**

"I have come that they may have  
life, and have it to the full"  
*John 10:10*



**John**, thanks for taking the "Prioritized Life" assessment. This report has been specifically tailored to understand where your true priorities are in life. We know that if your priorities are in the right order, it will set you up to discover "life to the full" and to all the more readily achieve your goals and objectives. However, even if your heart is in the right place, if your priorities are all out of order, living into all God has for you might not happen.

"Seek First the Kingdom, and all these things will be given to you as well"  
*Matthew 6:33*

## PROGRESS NOT PERFECTION

Our goal is to be a "living example" of Christ not a perfect example. It's way more about seeking God and keeping Him first in our life. When we do that, many other aspects of our lives will take care of themselves. Regardless of your results, there's grace and empathy from your Father in heaven. Yet, he loves you enough to want to see great levels of breakthrough and fruitfulness in your life. Honestly reflecting on your results and allowing him into the process will create action plans and next steps and lead you to a more fulfilling and impactful life.

"I have come to give you life, life to the full"  
*John 10:10*

## REPORT STRUCTURE

John, your report is divided into **FOUR** major sections. The *first* section is a summary of your big picture results, helping you to see and understand how you ordered the Five Capitals. Section *two* dives deeper into each of the Five Capitals, giving insight into your areas of strength and weakness. Section *three* offers suggested next steps and potential prescriptive pathways to experience a deeper walk with God. In section *four*, we'll offer additional goal-setting opportunities, giving you the chance to document tangible incremental next steps. With this action plan, you'll be able to share it with others for encouragement and accountability.

## GETTING THE MOST OUT OF YOUR REPORT

**Carefully review** - the scores shown are not designed to be absolute but serve as an indicator to be explored and reflected upon.

**Seriously consider** - the life choices that have lead you to prioritize the capitals in this way. The exercises and next step questions are designed to help you consider actions you might take to change your current trajectory in life.

**Be authentic** - the Spirit can work best when we choose to be honest and transparent.

**Ask God** - for wisdom and power believing he is generous and will do something significant in your life while working through your results.

**Take action** - don't just think about changing, but consider what specific next steps and behaviour changes, if implemented, would lead to meaningful change in your life.

**Share with others** - whether it's with your spouse, coach or close group of friends, take the opportunity to invite others into your "life to the full" plan. Remember, you were not designed to walk alone. It's in sharing with others that a greater level of power is found.

"But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin."  
*1 John 1:7*

## YOUR FIVE CAPITALS

Below outlines the order of the Five Capitals based on your responses. While we could have done the analysis and comparison on the columns below for you, there's power in processing and comparing your results personally. We find when participants reflect on the two columns both in light of their current circumstances as well as the best order of the capitals - the most profound insights can be achieved.

### Left Column

Displays the ordering of your capitals based on *your assessed responses* to the questions, ranked highest to lowest accordingly.

### Right Column

Displays *your selected* order of the five capitals to what you *feel* are the priorities or focus of your life *right now*.



## Reflection Questions:

1. Take a moment to think about whether you agree with the ordering of the Five Capitals. Does this accurately reflect the current focus of your life right now? Yes or No. Explain:

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2. Consider and contrast the two columns: Are they in the same order? Or different? Which column ordering resonates the most with you and why?

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3. How do these results give you some initial insight into what's happening in your life right now?

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## The Biblical Order of the Five Capitals

A book called Freakonomics was written by Levitt and Dubner and published in April of 2005. It talked about how the world is run by different kinds of capitals within a surprisingly economically complex market system. The book got Mike Breen thinking: what the concept of "capital" could look like from a Christian or Kingdom perspective? We scoured the scriptures and homed in on two parables: Matthew 25 the parable of talents and Luke 16 the parable of the shrewd manager.

The parable of the talents in Matthew 25 helps us to understand that God has entrusted so much to us and He expects a return. People may not have the same level of capacity in each of the five areas, but with the capitals in the right order the potential for God to do mighty things through anyone and everyone is the same. God has invested so much in us and He desires that we grow his investment and give it away, believing a greater return will come back to us only to then be invested again.

Building on the message of the parable of the talents, the Five Capitals team believes there are five capitals from Heaven available to us and that there is a correct order to them. The parable of the shrewd manager in Luke 16 gives us insight into the correct order of priority for these capitals. If we keep them in the right order, grow them and give them away, we will experience a maximum return on these investments and the potential to truly find "life to the full". For example, as demonstrated in the Luke 16 story, we see that relational capital is more important than financial capital. Jesus encourages us to recognize the relative value of each capital and invest wisely.

In Build A Better Life, Brandon Schaefer, Five Capitals Founder / CEO writes, "you may never have thought about it this way, but we could argue that Jesus was the smartest businessman who ever lived and that he built the most successful business the world has ever seen, the Church. The business Jesus built is over 2,000 years old and has three billion followers in the present day alone. It is staffed by many employees who volunteer their time and finance the enterprise. People have freely given their lives rather than quit this business. Jesus wasn't just a great teacher, but also a great businessman and leader. It's safe to say that he can teach us how to build a life worth living for and that starts with an **examination of our capital**. Yes, Jesus is a wise builder and he wants to change our daily lives and to live better stories than his." Now let's unpack these five capitals and explore their proper order:



**Spiritual Capital:** The level of connection we have with God - The currency is wisdom and power. The first commandment states: "You should love the Lord your God with all your heart, soul, and strength." Jesus' entire ministry demonstrated that spiritual capital is the most valuable of all. When he described life in the Kingdom of God, he talked about a life that was rich in spiritual capital both here and now on earth, and in eventually in eternity.



**Relational Capital:** The health and priority of our friendships - The currency is family and friends. Just as the second commandment says "Love your neighbor as yourself," relational capital is second in priority. It is more valuable than physical, intellectual, and financial capital because you cannot do anything of value in life without relationship with others; or you can't really do anything with those other three areas unless you have at least a little relational capital in place.



**Physical Capital:** The amount of time and energy available - The currency is hours and health. As we descend our hierarchy of capitals, physical comes next. Think about it this way: if you are sick, you can't work (financial capital), in the same way that if you have a migraine you can't deliver a lecture or read a book (intellectual capital). No amount of money or ideas can replace the value of being physically present, giving time and attention to people and projects.



**Intellectual Capital:** One's drive for creativity, ideas, and knowledge - The currency is insight and ideas. This is of a higher value than financial capital because we can't create ideas and be creative simply by spending a lot of money. Intellectual capital comes from something deeper than what money can buy. We can throw all the money in the world at a problem, but it won't get solved until someone brings some intellectual capital to bear, coming up with a creative and workable solution.



**Financial Capital:** The resources we have to invest - The currency is dollars and cents. Financial capital ranks lowest in our hierarchy. People get into trouble both by over valuing and devaluing it. When we overvalue money and sacrifice all kinds of other capital to obtain it, it never quite fulfills its promise to us. Studies show that as soon as we have enough, getting more money doesn't satisfy like we think. However, when money is invested in others, (instead of ourselves) it does increase one's happiness level. There is nothing inherently wrong with having money or desiring to be in a better state financially - It is the love of money that is the problem. The reality is God owns everything, he entrusts resources to us and we are called to steward well what's been given.



## YOUR ORDERING VS BIBLICAL ORDERING

Let's now compare your ordering of the Five Capitals in contrast to the Biblical order just described.

| BIBLICAL ORDER    | ASSESSED ORDER    | SELECTED ORDER    |
|-------------------|-------------------|-------------------|
| 1. SPIRITUAL 🙏    | 1. SPIRITUAL 🙏    | 1. SPIRITUAL 🙏    |
| 2. RELATIONAL 🤝   | 2. RELATIONAL 🤝   | 2. RELATIONAL 🤝   |
| 3. PHYSICAL ❤️    | 3. INTELLECTUAL 💡 | 3. PHYSICAL ❤️    |
| 4. INTELLECTUAL 💡 | 4. PHYSICAL ❤️    | 4. INTELLECTUAL 💡 |
| 5. FINANCIAL 💰    | 5. FINANCIAL 💰    | 5. FINANCIAL 💰    |

Hold on a minute John, while you already might be thinking about things to change and potential next steps, there's more to share. In fact, there's so much more reflection to be had before you start goal-setting and putting a plan into action. The key here is that you might not fully grasp why your capitals are in the order they are (and what to do about it). That's ok, it's takes a deeper dive into each of the individual capitals, including your responses to the questions associated with that capital, to gain the clarity you're looking for.

## UNDERSTANDING YOUR SCORES

John, in the graphic below is a visual illustration of your scores in each of the Five Capitals and an overall score. The graphic is also color-coded to indicate strengths and weaknesses in each area.

**GREEN** Indicates you had a score at or above a 4.0. It signifies that this is an area of strength for you. As stated earlier, we are looking for progress, not perfection. Even though you might have scored high in this area, we will highlight specific questions where we see an opportunity for you to experience increased levels of "life to the full".

**YELLOW** Indicates a score between 2.6-3.9 and demonstrates some progress or strength within the capital. There are aspects you are growing into or even doing well in. However, there are also places of deficit or lack as well. For the questions in which you scored low, we'll offer ideas and solutions to help you grow.

**RED** Indicates a score at or below 2.5. This points to a significant deficient in this capital. You probably have recognized this lack of capital in your life and it will require the greatest amount of reflection and effort to ultimately find "life to the full" in this capital.



## ENGAGING WITH EACH CAPITAL

Now it's time to dive into the scoring details of each capital. While you may have prioritized the capitals in a different order, this report has been intentionally prioritized based on the framework of the Bible. This will help you put "first things first" as you work through your next steps to live "life to the full".

Remember, our goal is life transformation not sharing clever information. Hence, we aren't expecting (or suggesting) you should work through this report in one setting. John, this is an endless adventure, you'll be carrying this good work both in this life and even with you into all eternity. So don't go too fast, our heart is for you to commune with God, hear his voice and respond through the power of the Holy Spirit accordingly.



### SPIRITUAL CAPITAL



4.6 out of 5 Flywheels

John, your **Spiritual Capital** score puts you in the **green range** which indicates you are secure in your beliefs, life is lived and decisions are made out of your core convictions.

## QUESTION ANALYSIS

Below you'll find a list of questions from the assessment which you scored 3 or less. We've called out your yellow and red scores to create the opportunity for you to pray about and explore how you might take specific actions to grow in these areas. Remember, while we aren't looking for perfection, we are expecting and believing in God's desire to do significant work in and through you in these areas.

"...and now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him."  
*Philippians 2:12b-13*

Congratulations John, it does not appear as though you had any scores below 3.





## RELATIONAL CAPITAL



4.5 out of 5 Flywheels

John, your **Relational Capital** score puts you in the **green range** which indicates your relationships are healthy and productive. Friends and family matter, meaning you readily engage and create time for those who matter the most to you.

### QUESTION ANALYSIS

Below you'll find a list of questions from the assessment which you scored 3 or less. We've called out your yellow and red scores to create the opportunity for you to pray about and explore how you might take specific actions to grow in these areas. Remember, while we aren't looking for perfection, we are expecting and believing in God's desire to do significant work in and through you in these areas.

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*Philippians 2:12b-13*

Congratulations John, it does not appear as though you had any scores below 3.





## PHYSICAL CAPITAL



4.2 out of 5 Flywheels

John, your **Physical Capital** score puts you in the **green range** which indicates you're in-charge of your time. Overall there is energy and space for the things you're passionate about. You are engaging life in a strong and confident way.

### QUESTION ANALYSIS

Below you'll find a list of questions from the assessment which you scored 3 or less. We've called out your yellow and red scores to create the opportunity for you to pray about and explore how you might take specific actions to grow in these areas. Remember, while we aren't looking for perfection, we are expecting and believing in God's desire to do significant work in and through you in these areas.

"...and now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him."  
*Philippians 2:12b-13*

Congratulations John, it does not appear as though you had any scores below 3.





## INTELLECTUAL CAPITAL



4.3 out of 5 Flywheels

John, your **Intellectual Capital** score puts you in the **green range** which indicates you love to learn and engage with new ideas. There is space for you to grow intellectually and apply or share what you are learning both personally and professionally.

### QUESTION ANALYSIS

Below you'll find a list of questions from the assessment which you scored 3 or less. We've called out your yellow and red scores to create the opportunity for you to pray about and explore how you might take specific actions to grow in these areas. Remember, while we aren't looking for perfection, we are expecting and believing in God's desire to do significant work in and through you in these areas.

"...and now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him."  
*Philippians 2:12b-13*

Congratulations John, it does not appear as though you had any scores below 3.



## \$ FINANCIAL CAPITAL



3.5 out of 5 Flywheels

John, your **Financial Capital** score puts you in the **yellow range** which indicates that while there is some progress and positivity with your finances, there is much to be desired. You would like to be better situated currently as well as for the future.

### QUESTION ANALYSIS

Below you'll find a list of questions from the assessment which you scored 3 or less. We've called out your yellow and red scores to create the opportunity for you to pray about and explore how you might take specific actions to grow in these areas. Remember, while we aren't looking for perfection, we are expecting and believing in God's desire to do significant work in and through you in these areas.

"...and now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him."  
*Philippians 2:12b-13*

#### 1 I have a retirement plan in place.

### READ

Suppose one of you wants to build a tower. Won't you first sit down and estimate the cost to see if you have enough money to complete it? (Luke 14:28)

### REFLECT

Throughout scripture long life is considered a blessing from God. How are you stewarding your resources in order to be prepared to serve Him all the days he has ordained for you?

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Ask God to teach you to number your days that you may have a heart of wisdom. Without vision and plans the people will perish. Reflect on the older version of yourself - what steps can you begin today to plan for your future?

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**\$ FINANCIAL CAPITAL**



**3.5 out of 5 Flywheels**

**QUESTION ANALYSIS (Cont.)**

**RESPOND**

Based on the next level items above what specific actions will you take and when? Be specific with your responses and be ready to share and hone them with your coach if needed.

**Action Step Idea(s):** \_\_\_\_\_ **Target Date(s):** \_\_\_\_\_

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**2) I do not have disproportionate long-term debt.**

**READ**

Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor. Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law. (Romans 13:7-8)

**REFLECT**

Keeping your debt to income ratio in a healthy range can insulate you against the risk of a very slowly increasing amount of debt that eventually becomes a living nightmare. It's like the proverbial frog in the boiling water analogy - put it into hot boiling water and it jumps out, put it into cold water that is slowly coming to a boil and he is dead before he realizes.

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**\$ FINANCIAL CAPITAL**



**3.5 out of 5 Flywheels**

**QUESTION ANALYSIS (Cont.)**

Consider the reasons and events that have caused your debt to accumulate. Reflect on your spending habits versus your saving plans. Begin today to chip away at the mountain of debt. Remember that you must pay off the first dollar of debt before you can reach the goal of paying off the final dollar owed.

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**RESPOND**

Based on the next level items above what specific actions will you take and when? Be specific with your responses and be ready to share and hone them with your coach if needed.

**Action Step Idea(s):**

**Target Date(s):** \_\_\_\_\_

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**3) I wish I had the money to do more of what I want to do in life.**

**READ**

Whoever loves money never has enough; whoever loves wealth is never satisfied with their income. This too is meaningless. (Ecclesiastes 5:10)

Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. (Philippians 4:11-12)

**\$ FINANCIAL CAPITAL**



**3.5 out of 5 Flywheels**

**QUESTION ANALYSIS (Cont.)**

**REFLECT**

What prevents you from contentment with what God has given you? Do you have a covetous heart toward your neighbor? How could the resources that you do have be purposed toward the things that you desire?

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Having money does not solve every problem but not having it certainly can make small problems seem bigger. Chose to be grateful for what you have while you devise a plan to get closer to where you want to be. Double check that what you spend money on is actually what you value. Sometimes money can leak out into areas that are not consistent with our priorities. Patch the leaks and be careful about how you spend your hard earned money.

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**RESPOND**

Based on the next level items above what specific actions will you take and when? Be specific with your responses and be ready to share and hone them with your coach if needed.

**Action Step Idea(s):**

**Target Date(s):** \_\_\_\_\_

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**\$ FINANCIAL CAPITAL**



**3.5 out of 5 Flywheels**

**QUESTION ANALYSIS (Cont.)**

**4) I have a budget and maintain it.**

**READ**

Precious treasure and oil are in a wise man's dwelling, but a foolish man devours it. (Proverbs 21:20)

**REFLECT**

What is making you "break the budget." Is it a credit card, a favorite hobby, shopping?

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Create a budget (with the help of an expert or close friend if you need it). Create an envelope for each category - mortgage, gas, utilities, groceries, etc. At the beginning of the month, put the appropriate amount of cash in each envelope. Once the amount in the envelope has been spent, you are finished for the month with that category. This can work well if dining out and shopping are causes of the "break the budget" issue.

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**\$ FINANCIAL CAPITAL**



**3.5 out of 5 Flywheels**

**QUESTION ANALYSIS (Cont.)**

**RESPOND**

Based on the next level items above what specific actions will you take and when? Be specific with your responses and be ready to share and hone them with your coach if needed.

**Action Step Idea(s):**

**Target Date(s):** \_\_\_\_\_

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**\$ FINANCIAL CAPITAL**



**3.5 out of 5 Flywheels**

**QUESTION ANALYSIS (Cont.)**

**SUMMARIZING YOUR WORK**

John, great job working through your **Financial Capital** detailed report. As you look back on your work, take the opportunity to summarize any final thoughts or summary points, which you don't want to forget.

What needs to be the next steps for you financially?

Are there opportunities to be more disciplined or generous? If so, where?

Is there a "clear next step" to help you feel even better about your finances?

**Key Points / Action Steps to remember**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

## CONCLUSIONS

John, well done working through both your overall results and your five detailed reports based on each capital. I believe your hard work will bear significant fruit over time. Remember the Scripture:

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"So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up."  
-Galatians 6:9

Working through your results can also be overwhelming and tiresome as well. Hence, we have put together some summary exercises to help you gather your thoughts, identify clear next steps and determine who you'd like to walk with you. Utilize the below exercises to bring clarity around the right next steps to take.

## STEP ONE: CREATE SPACE

John, one of the easiest ways to be overwhelmed is simply at the thought of: "How am I going to add another thing to my list?" Yes, the struggle is real. We believe if you're going to start something you should also look to stop something. The spaces below allow you to create your own "start / stop" list. Consider attitudes, behaviors, activities, relationships and habits, which you could either stop or start to help you on this journey.

### MY STOP DOING LIST

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### MY START DOING LIST

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## STEP TWO: CLARIFY YOUR ACTION STEPS

No doubt, you've written down a number of ideas and possibilities around action steps to take. We encourage you to reflect on all of these options and pick the top 3 that stand out the most. Write these down clearly stating when you'll start them, what success looks like and who can help you achieve each step.

| MY ACTION STEPS | SUCCESS LOOKS LIKE... | WHEN I WILL START | WHO CAN HELP |
|-----------------|-----------------------|-------------------|--------------|
| 1.              |                       |                   |              |
| 2.              |                       |                   |              |
| 3.              |                       |                   |              |
| 4.              |                       |                   |              |
| 5.              |                       |                   |              |

## STEP THREE: ARTICULATE YOUR "WHY"

The roots of conviction go all the more deeper when we can clearly communicate the "why" something different with our life is so important. As you think about all the more readily getting on a trajectory toward "life to the full" consider why this is so important to you. Use your why statement when you feel like quitting, when hardships (or curveballs) are thrown your way or when unexpected events occur.

**My "Why Statement" as it relates to implementing this action plan:**

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## STEP FOUR: INVITE OTHERS

We believe that life is better together. In fact, very few things can be accomplished without the help, instruction and encouragement of others. Great plans fail because a lack of community and encouragement alongside our will and determination. In the Gospel of Luke, chapter 9, Jesus instructs his disciples to look for people of peace. He goes on to describe people of peace as those friends who meet the following criteria:

### People of Peace are those supporters and encouragers who:

- Are genuinely and authentically interested in you.
- Are willing to serve and help you in some way.
- Are generous - gladly opening up their network of friends and resources to you.

Furthermore he says: "don't go from home to home, stick with your people of peace".

Given this criteria, think about how God might have already gone ahead of you by putting People of Peace in your life. Write down any names who come to mind, plan to reach out to them asking if they would be interested in helping you achieve the next steps you have written down.

| PEOPLE OF PEACE | WHEN I WILL TALK TO THEM | WHAT I WILL SAY |
|-----------------|--------------------------|-----------------|
| 1.              |                          |                 |
| 2.              |                          |                 |
| 3.              |                          |                 |
| 4.              |                          |                 |
| 5.              |                          |                 |
| 6.              |                          |                 |
| 7.              |                          |                 |
| 8.              |                          |                 |

## Congratulations!

John, you have worked through your report complete with an action plan you can start implementing. If you would like to read more about the Five Capitals concept, engage in our online training platform or connect with a coach - consider the "engage with us" section below.

## ENGAGE WITH US

### 1. Buy the Book (Build a Better Life Overview)

Five Capitals CEO Brandon Schaefer has written a book entitled **Build A Better Life** that offers a deep dive into the five capitals. There are three chapters that provide a dedicated overview of this concept. The tools presented in this book can help you integrate your life, increase your impact, and discover life to the full. Most of us find it difficult to connect the various areas of our life. We compartmentalize home, work and leisure, leaving us stressed and frustrated as we try to keep all the plates spinning. Brandon Schaefer provides a fresh perspective on how to integrate every area of life to help us see Jesus in a new way. Build a Better Life offers seven frameworks to equip people to live more productive, healthier lives. These Biblically based tools help the reader discover the perspectives, priorities and practices needed to lead a more fulfilling and impactful life. Our hope is that, through reflecting on and implementing these concepts, you will be able to say, "I'm discovering and living a more fulfilling and fruitful life."

- Awaken to the relevancy of Jesus in every area of your life.
- Learn how to build a home and work life that's sustainable, thriving and growing to reach your potential.
- Discover Jesus's word, works and ways to live a more satisfying and successful life.
- Understand the impact of the Five Capitals (Spiritual, Relational, Physical, Intellectual and Financial)
- Engage with the practices of the Wise Builder, Jesus—the humility to hear and courage to obey.
- Develop the character needed to go after all God has for you.

Do You Want to Build A Better Life? Do you struggle to connect all the different areas of your life? Do you tend to compartmentalize home, work and leisure, leaving you feeling stressed? Do you just have too many plates to keep spinning at once? Build Your Better Life provides practical assistance with proven strategies to help you develop and lead your life and business the way Jesus would. These tools will empower you to live a more productive and yet healthier, happier life. They will move you forward to discover the perspectives, priorities and practices needed to lead a more fulfilling and fruitful life, both at home and at work. Jesus encourages you write a bigger and better story—one that has more integration, satisfaction and lasting significance than you can even imagine.

## ENGAGE WITH US

### 2. Engage with Online Tools, Training and Resources

Five Capitals is an organization passionate about helping and equipping Christian Business Leaders / Executives for growth. We seek to inspire, equip and train leaders in how the Bible connects to both their personal and professional lives, creating greater levels of integration, wholeness and fulfillment. Areas of focus include: increasing leadership skills, developing a greater level of cultural health, empowering personal and family development, solidifying vision and values, sharpening the strategic planning process and enhancing team productivity and profitability. With a focus on application, we invest transformational tools and skills, allowing for a more impactful and productive life. These tools are memorable and reproducible, enabling participants to pass them on to others. Find us at: **[fivecapitals.net](http://fivecapitals.net)**

- **VISION** — *What we are called to do.*  
To be a global leader in empowering and equipping Christians so they can go after all God has for them in life. *"I have come that they may have life, and have it to the full" — John 10:10*
- **VALUES** — *Who we are.*  
*The Bible is our Guide*  
*Excellence all the Way*  
*Community at the Core*  
*Leave your Mark*  
*Transformation over Information*
- **VEHICLE** - *How we deliver.*  
**Coaching:** Five Capitals' main delivery mechanism is coaching. For us, coaching isn't a formula — we listen well to the participant (or team) and then put a customized plan in place. We offer three types of coaching: Executive, Leadership and Couples. Calls are generally weekly for one hour, held via video conference call or in-person meetings.

**Workshops and Intensives:** While weekly coaching can go a long way in one's pursuit of change and transformation, often times individuals and teams can see accelerated growth and success through longer, more intensive times together. Five Capitals consulting offers strategy sessions, team building days, guided weekend retreats, workshops and equipping seminars on a variety of topics such as Vision/Values, Strategic Planning, Leadership Practices, Organizational Culture, and much more.

## ENGAGE WITH US

### 3. Connect with a Coach (free consultation)

While assessments are great and insightful, it is usually when we have a wise guide, accountability and contextualized tools that things really change in our life.

Five Capitals is a company passionate about empowering and equipping Business Leaders and their employees for growth. We seek to inspire, equip and train executives (and their potential leaders) in a way that maximizes potential, increases leadership capacity, helps them develop others and gets results. All the while, increasing the productivity and profitability of the company.

Executives face special challenges to incorporate Five Capitals principles into a broader corporate context. With organizational structures in mind, we have developed Biblical frameworks and organizational tools for the Executive Leader. Executive Coaching creates the space for both personalized consulting and individual application. In addition to building leadership skills and a Kingdom mindset, intentional community and accountability help to create a transformative experience.

Our coaching development tracks, company and individual options, focus on the following areas:

| COMPANY OPTION                            | INDIVIDUAL OPTION                |
|---|----------------------------------|
| Creating a leadership engine              | Increasing your potential        |
| Building a healthy and productive culture | Pursuing "Life to the Full"      |
| Biblical frameworks for business          | Equipping the leader             |
| Strategic planning that works             | Building your business God's way |

Contact us if you have any questions, if you're interested in pursuing one of these tracks or would like to create a customized option. All initial consultations are free. Just email us at [info@fivecapitals.net](mailto:info@fivecapitals.net).

### Next Steps / Conclusions

Thanks for taking the Five Capitals "Prioritized Life" assessment. John, we would appreciate any feedback to help us make this report more relevant and engaging. Be sure to tell us what you love about it as well as what can be improved.